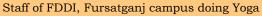






Staff doing asanaas at FDDI, Kolkata campus





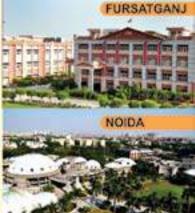
A view of 'International Yoga Day' at FDDI, Guna campus

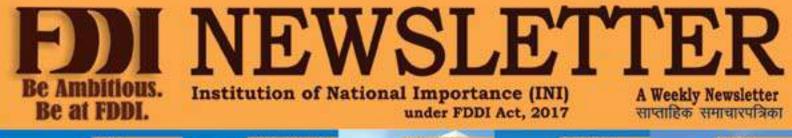


Staff doing asanaas at FDDI, Rohtak campus











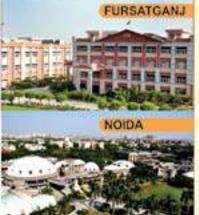














The yog guru explained that yoga is not a religion, its way of living that aim towards a healthy mind in a healthy body. Man is a physical, mental and spiritual being; Yoga helps in developing the balance between all the three as stated in Ayurveda in India.



A view of 'International Yoga Day' at FDDI, Ankleshwar campus

A view of 'International Yoga Day' at FDDI, Patna campus

Around 200-250 employees of across campuses attended the virtual 'Yogshala' with a great zeal and enthusiasm.

The programme concluded with the relaxation session. Many queries of the employees related to health issues, anxiety & stress was also answered by the Acharaya. After the session employees feel more relaxed, calm & motivated towards indulging yoga & meditation in their daily routine.

## Webinar organized by FDDI, Fursatganj campus for Designing Aspirants on "Career Guidance after 10+2"

As part of its career counselling, the first webinar titled 'Career Guidance after 10+2 - Opportunities in Various Designing Fields' was hosted at Footwear Design & Development Institute (FDDI), Fursatganj campus on 12<sup>th</sup> June 2021.

FDDI School of Footwear Design & Production (FSFDP) and FDDI School of Fashion Design (FSFD) have jointly initiated a series of webinars (one day) & virtual designing workshops (five days) for aspirants of various schools and colleges at FDDI Fursatganj starting from 12<sup>th</sup> June 2021 onwards.

The first webinar shed light on career options available in the field of Design. Design graduates are high on demand as far as career options are concerned, as innovation-led design is driving solutions to problems faced



by industries and societies across the globe.



The webinar was attended by the students who are on the threshold of choosing their career path after 10+2. The webinar was attended by aspiring students including some parent too, of Ryan International & Kendriya Vidyalaya Sangathan (KVS).



Ms. Garima Kakkar (Sr. Faculty - FDDI), Ms. Kavya (Industry Guest - Trainer) & Ms. Diksha (Industry Guest- Designer) were the key speakers who interacted and presented views on various career opportunities & fields as a 'Designer'. They also highlighted on the challenges in the profession.

The number of registrations received was 50 out of which 30+ were parents and the rest were students between the age group of 20-25 years.

There was an interactive session during which the doubts of participants were cleared especially related to job opportunities, roles and responsibilities, and packages offered for various in India and abroad during the post COVID-19 pandemic.

**Compiled by:** Resource Centre (RCIP), Footwear Design & **Development Institute (FDDI)** (Ministry of Commerce & Industry, Government of India) A-10/A, Sector-24, NOIDA- 201301 + 91-120-4500100, 4500107 **Phone**: + 91-120-2412556, 2411301 Fax : Asst. Editor : Ashish Kumar Email : ashish@fddiindia.com Website : http://www.fddiindia.com







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